

BETTER
Living
SHOWCASE



MARCH 18-19

PERTH CONVENTION AND EXHIBITION CENTRE

*Find the lifestyle
that's right for
you . . .*



TICKETS ON SALE NOW!

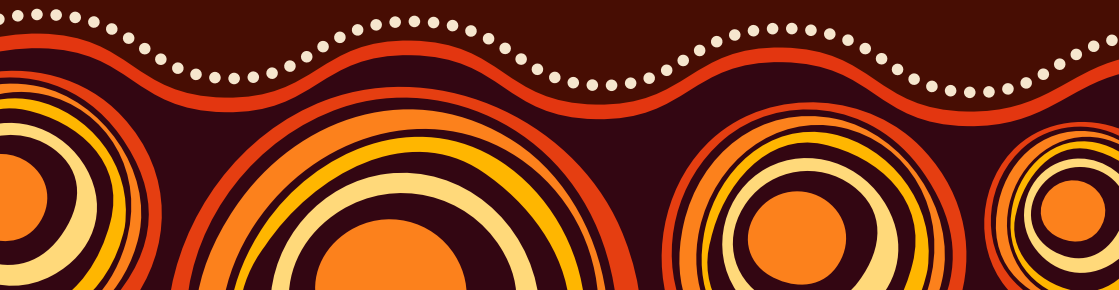




Acknowledgement of Country

Better Living Showcase & Intlang Corporate
Consulting Group acknowledge the Nyoongar
Whadjuk people - traditional custodians of this land
we meet on today.

We wish to acknowledge the strength of their
continuing culture and offer our respects to Elders
past, present and emerging.



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Media	



BETTER
Living
SHOWCASE



Health



Happiness



Wealth

WELCOME MESSAGE



Welcome to the Better Living Showcase 2023.

Three years of global pandemic has challenged us at every level. From the most fundamental needs (livelihood, health and safety) to psychological desire (friendships, relationships and love), and ultimately self-fulfillment (value, confidence and sense of achievement) identified in Maslow's Hierarchy of Needs.

The Better Living Showcase is designed to inspire our community to make a long-term commitment to living a quality, dignified and balanced lifestyle.

We are offering two days of presentations, keynote speakers, panel speakers, master classes and DIY kitchens, to help you connect the dots in life, to reveal the best version of you.

We are calling it WA's leading Health, Wealth and Happiness event, because that is "exactly" what it is.

The Showcase and initiative has attracted great energy and many like-minded people who wish to make a difference in life and to our community.

On behalf of Better Living Showcase Organising Committee and Intlang Marketing Team, I sincerely thank all the participating organisations and individuals for your kind support to the Better Living Showcase.

Gloria Zhang

The Founder

Better Living Showcase

Intlang Marketing and Corporate Consulting

INTLANG

MARKETING

INTLANG

MARKETING



Premier of Western Australia

MESSAGE FROM THE PREMIER

Congratulations on the successful Better Living Showcase held from 18 – 19 March 2023. Its success shows the impressive resilience from Western Australian organisations as we emerge from the shadow of the global pandemic.

I understand that participants were treated to a variety of speakers, demonstrations and events on innovative health and wellbeing options in Western Australia. The two days were a dynamic way for people of all ages to learn more about the products and services available to support their wellbeing, be it their mental and physical health, social connections or financial independence. It was also an excellent opportunity for businesses and service providers to showcase their products. I have no doubt many partnerships and connections were created during the two days.

My Government is committed to supporting the wellbeing of all Western Australians. In support of older people, our Age-friendly Communities program enables seniors to maintain their participation in, and contribution to, the community, including initiatives that address social isolation and those fostering intergenerational interaction. Western Australia was the first Australian Affiliate member of the World Health Organisation's Global Network of Age-friendly Cities and Communities and is internationally recognised for its leadership.

A 10-year Strategy to respond to the abuse of older people aims to prevent and respond to elder abuse throughout Western Australia, and the State Government funds a variety of legal, support and advocacy services for this purpose. World Elder Abuse Awareness Day is commemorated on 15 June each year. On this day people are encouraged to make a united stand against all forms of abuse against older people in our global communities.





Premier of Western Australia

Other State Government initiatives for seniors include the WA Seniors Card, which provides members with an average of \$650 in total value each year, and more if seniors also hold a Commonwealth Seniors Health Card or Pensioner Concession Card. The cost of living rebate and the safety and security rebate assist with cost of living expenses.

The State Government is also developing the first WA Seniors Strategy to guide whole of community actions that are responsive to older people's wants, needs and aspirations, and make Western Australia a place where seniors can live their best life.

All the above programs, and more, show the commitment my Government has to the health and wellbeing of our community, enabling Western Australians to live happy and fulfilling lives. Further information can be found on the Department of Communities website at: communities.wa.gov.au

I would like to thank Gloria Zhang, founder of the Better Living Showcase, for her commitment to the health, wealth and happiness of Western Australians in creating this excellent initiative. I wish the organising team well in planning for the next Showcase.

A handwritten signature in black ink, appearing to read 'Mark McGowan'.

Mark McGowan MLA

PREMIER

Exhibitor Listing

Booth	Exhibitor	Booth	Exhibitor
1- 2	Lifestyle Car Demo	23	Energy Movement Wellness
3	Intlang Marketing	25	WA IT
5	EnjoyYourMine	26	The Magic Coat Foundation
6	Resourceful Women	27	RSPCA WA
7	Australian Natural Biotechnology	28	Acu-ease
8	Sin Gin Distillery	29	Hubbard Dianetics Foundation
9	Flexi Kitchens	30	Studio Thimbles
10	Esplanade Hotel Fremantle - by Rydges	31	Perth Wellness Centre
11	Voice of Hope Aboriginal Corporation	32 - 33	Adjusta Mattress
12	IQ Wellness Group	35	The Herbal Body
88	APIWA My Reward Club	36	Squires Loft Subiaco
15	Access 1 Security System	37	Rodan & Fields
16	Mortgage and Financial Solutions Australia	38 - 39	WAOCAA
17	Trigg Minerals	50	Tan & Tan Lawyer
18	Canaccord Genuity Group	51	Barclay Wells
19	BDO Australia	52	Vertical Events
20	Neurotech International	53, 55	Better Living Showcae
21	Intelicare	56	Tabooze
22	Southstead Finance & Iconic Wealth	57 - 58	Aboriginal Dot Art - Behind the dots
		59 - 60	WA Squash
		61 - 62	Lifestyle Car Demo

*Find the lifestyle
that's right for you...*

Seminar

DAY 1

Saturday
18 March 2023

- 10.00 - 10.05am **Welcome Message**
Gloria Zhang, Managing Director and Founder
Intlang Marketing (Event Organiser)
- 10.05 - 10.15am **Opening Speech**
The Rt. Hon. the Lord Mayor of Perth Basil Zempilas
City of Perth
- 11.00 - 11.15am **Healing Our System**
Lorraine Pryor, CEO **Voice of Hope Aboriginal Corporation**
- 11.20 - 11.35am **Magic Coat to Support Children's Mental Health**
Diane Wilcox, CEO **The Magic Coat Foundation**
- 11.45 - 12.15pm **Keynote**
Happiness is the Key to Success
Julian Pace, CEO & Founder
Happiness Co
- 12.30 - 12.45pm **What is Wellness?**
Dr. Neil Brodie, Director **Perth Wellness Centre**
- 12.50 - 1.05pm **Smarter Investing**
Lauren Walker, Senior Financial Adviser
Canaccord Genuity Financial Limited
- 1.10 - 1.25pm **Smarter Super Strategies**
Tim Sullivan, Private Wealth Advisor **BDO Australia**
- 1.30 - 1.45pm **Our Electric Vehicle Future and the Role of Western Australia**
Pete Petrovsky, Director **Impact Energy Consultancy**
- 1.50 - 2.20pm **Keynote**
How to Achieve Contentment and Good Mental Health
Iggy Tan, Happiness Coach **Happiness Sweeping**
- 2.40 - 2.55pm **Failing to Plan is Planning to Fail. Estate Planning to Protect your Assets**
Raymond Tan, Director **Tan & Tan Lawyers**
- 3.00 - 3.15pm **CyberSecurity; How to Protect your Home & Work**
Daley Grainger, IT Consultant & vCIO **WAIT**
- 3.20 - 3.35pm **MFSA – WA Property and Finance Update**
Stacey Dragicevich (MFSA) & Rash Dhanjal (The Agency)
Mortgage and Finance Solutions Australia
- 3.40 - 3.55pm **What is EnjoyYourMine and Why Did it all Start?**
Hazel Duffy, Managing Director and Founder **EnjoyYourMine**
- 4.00 - 4.15pm **Health Information in the Media**
Professor Trevor Cullen, Ph.D **Edith Cowan University**
- 5.00pm **Day One Expo Close**

LISTEN

Seminar

DAY 2
Sunday
19 March 2023

- 10.00 - 10.05am **Welcome**
Gloria Zhang, Managing Director and Founder
Intlang Marketing (Event Organiser)
- 10.05 - 10.15am **Opening Speech**
Dr Jags Krishnan, Parliamentary Secretary to represent the Hon. Sue Ellery MLC
Minister for Finance; Commerce and Womens' Interests
- 10.15-10.25am **Hon Kyle Owen McGinn MLC**
Parliamentary Secretary to the Minister for Regional Development; Disability Services; Fisheries; Seniors and Ageing
Representing Hon Don Punch MLA
- 11.00 - 11.15am **Get into Mining**
Dani Tamati, Managing Director **Resourceful Women**
- 11.20 - 11.35am **The Evolving Smart Care Landscape: How Technology is Helping keep Individuals and Organisations Fighting Fit.**
Daniel Pilbrow **Intelicare**
- 11.45 - 12.15pm **Keynote Happiness is the Key to Success**
Julian Pace, CEO & Founder **Happiness Co**
- 12.30 - 12.45pm **What is Wellness?**
Dr. Neil Brodie, Director **Perth Wellness Centre**
- 12.50 - 1.05pm **Our Electric Vehicle Future and the Role of Western Australia**
Ron Mitchell, Managing Director **Global Lithium**
- 1.10 - 1.25pm **The Global Sustainability Movement**
Sarah Melville-Maguire, ESG Senior Analyst
ESG of BDO Sustainability, BDO Australia
- 1.30 - 2.00pm **Keynote How to Achieve Contentment and Good Mental Health**
Iggy Tan, Happiness Coach **Happiness Sweeping**
- 2.30 - 2.45pm **Bringing Hope to Patients With Neurodevelopmental Conditions**
Alexandra Andrews Ph.D **Neurotech International**
- 2.50 - 3.05pm **How to Save Money on Accommodation and Travel**
Linda Ross, CEO **API WA (Australian Post-Tel Institute Inc)**
- 3.10 - 3.25pm **Home Ever After**
Louise Lower, RSPCA WA Executive Manager Media Marketing & PR
RSPCA WA
- 3.30 - 4.00pm **PANEL SESSION - Transforming Lives**
Patria Jafferries - National Telstra Businesswoman of the Year in 2000, Chair, CEO, Mentor, Senior Executive
Jenny Cole - Positively Beaming, Leadership Developing & Coaching
John Poulsen - People Passion Performance, Executive Coach, Strategist and Facilitator of Transformation
Christina Morrissy - Local TV Host, Radio Presenter, Journalist, Panel Facilitator
- 5pm **Day Two Expo Close**

Master Class

DAY 1

Saturday
18 March 2023

10.25 - 10.30am **Announcement**
Aboriginal Dot Art - Behind the Dots

10.30 - 10.50am
Better Living Showcase Group Dance 1

11.00 - 11.20am
WA Oriental Culture and Art Association Demo

11.25 - 11.40am
"Perth to Paris: One High Kick at a Time"
Portia Secker

12.20 - 12.30pm
Better Living Showcase Group Dance 2

1.00 - 1.15pm
Functional Movement Screen
Perth Wellness Centre

1.30 - 1.45pm
"My Second Chance at Life" Talk
Sonia McNulty

1.00 - 5.00pm
WA Squash (Court Open)

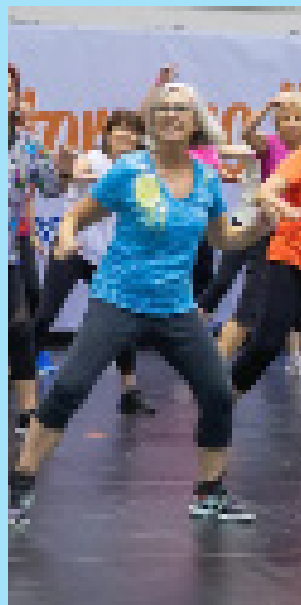
2.20 - 2.35pm
Zumba Gold Group Dance

2.45 - 3.00pm
WA Squash Coaching

3.15 - 3.30pm
Gyrokinesis - Video

4.15 - 4.30pm **Day One Prize Draw**

5.00pm **Day 1 Close**



WATCH

Master Class

DAY 2

Sunday
19 March 2023

10.25 - 10.30am **Announcement**
Aboriginal Dot Art - Behind the Dots

10.30 - 10.50am
Better Living Showcase Cardio Dance

11.00 - 11.15am
"Perth to Paris: One High Kick at a Time"
Portia Secker

11.20 - 11.40am **Gymnastics for Fitness Demo**

12.20 - 12.40pm
WA Oriental Culture and Art Association Demo

12.50 - 1.10pm **Tai Chi Master Class** Seven Stars Tai Chi

1.15 - 1.30pm **Clinical Pilates** Perth Wellness Centre

1.00 - 5.00pm **WA Squash (Court Open)**

2.05 - 2.25pm
Industria Performance Master Class
Industria Performance Group

2.45 - 3.00pm **WA Squash Coaching**

3.05 - 3.30pm
Energy Movement Wellness Master Class

3.40 - 4.00pm
Be the Cause Over Your Own Happiness in Life
Hubbard Dianetics Foundation

4.15 - 4.30pm **Day Two Prize Draw**

5.00pm **Event Close**



WATCH

DIY

DAY 1

Saturday
18 March 2023

10.30 - 11.30am
Latte Art

12.00 - 1.00pm
Sushi Rolls

1.30 - 2.30pm
**How to Make Dumpling
from Scratch (part 1)**

3.00 - 4.00pm
Alcohol-free Cocktail

DAY 2

Sunday
19 March 2023

10.30 - 11.30am
Latte Art

12.00 - 1.00pm
**How to Make Dumplings
from Scratch (part 2)**

1.30 - 2.30pm
Chefing Secrets

3.00 - 4.00pm
Alcohol-free Cocktail



LEARN



Forward Planning

It's all about experience!

Welcome to the Better Living Showcase! In the coming years' showcase, we'll continue exploring various aspects of a healthy and fulfilling lifestyle, covering the latest topics and programs on Wealth, Health and Happiness.

Through a series of events - **Summer Showcase, Winter Escape, Webinar and Workshop**. The Showcase will present the latest and most innovative learning experience to the WA public, they are amazing

energetic networking opportunities for your business.

Let's dive into some key areas that contribute to a balanced lifestyle:

1. Fitness and Exercise: **Exploring** different forms of exercise that suit your preferences and goals, for all kinds of age, body condition and lifestyle.
2. Nutrition and Healthy Eating: A nutritious diet plays a vital role in promoting overall well-being. Better Living Showcase event is about **experimenting** with diverse recipes, trying new ingredients, and making mindful food choices to fuel your body with the right nutrients.
3. Mental Well-being: **Caring** for your mental health is equally important. **Practicing** stress management techniques like meditation, deep breathing exercises, or engaging in activities that promote relaxation. Better Living Showcase Winter Escape and local events, will help you **meet** more contacts outside of the regular boundary, as well as up and coming service providers in the market. It will also help you pursue hobbies that bring you joy and happiness, and allow you to unwind, such as painting, reading, gardening, or playing a musical instrument.
4. Relationships and Social Connections: **Nurturing** healthy relationships and maintaining social connections positively impact your overall well-being. Better Living Showcase can assist you to build a **strong support system and network** that can enhance your happiness and provide emotional support.
5. Wealth Creation and Growth: Continual personal wealth growth and learning contribute to a fulfilling lifestyle (including **financial wellbeing**). Set goals, both short-term and long-term, and work towards them. Better Living Showcase will continue presenting the **educational opportunities, the latest market information** and innovation through online programs, courses and webinars to expand your knowledge and skills.
6. Work-Life Balance: Achieving a healthy work-life balance is vital for a well-rounded lifestyle. At Better Living Showcase workshop, our speakers will explain how to **prioritise** your time and set boundaries to ensure you have dedicated moments for work, relaxation, and personal pursuits. Find activities that help you decompress from work-related stress and allow you to recharge.

"We hope through being a member of Better Living Showcase community, you can incorporate some key aspects into your lifestyle and create a foundation for a happier, healthier life with financial security.

The Better Living Showcase is designed to inspire our community to make a long-term commitment to living a quality, dignified and balanced lifestyle."

Gloria Zhang, The Founder of Better Living Showcase.



Health

Wealth

Happiness

KEYNOTE SPEAKER

Julian Pace

**CEO & Founder
Happiness Co Happiness Co**



Julian Pace is a renowned keynote speaker and successful entrepreneur known for his expertise in happiness, wellbeing, and peak performance. He inspires audiences to tap into their inner purpose and achieve both personal and professional fulfillment. With his signature approach, Julian helps individuals and organisations find and maintain their happiness while reaching their full potential.

He is an Australian of the Year finalist, Citizen of year, 40 under 40 winner Mentor of the Year award winner, and recently has been recognised for being best in business after winning 2 Telstra Business awards.

Julian has presented in 10 countries to a cumulative audience of approximately 150,000 people. He is a leading voice in happiness, emotional wellbeing, lived experience and mental health. Sharing his own deeply moving story, teaching how mental health and happiness is determined by decision making and everyday choices, in conjunction with teaching practical tools for pre-emptive approaches to mental health and happiness. This sets him apart from others in this field. He is one of the leading speakers in the country and believes everyone deserves happiness.

Through his social enterprise for good, Happiness Co has the goal to positively impact 10 million lives in 10 years. Happiness Co is in the business of changing lives. Each keynote and workshop will leave the audience with incredible insights and practical tools. Julian has keynoted at the three largest mental health conferences in the country and worked with some of the largest brands in Australia.

<https://www.linkedin.com/in/julian-pace-717705b2/?originalSubdomain=au>

https://www.instagram.com/julian_pace_/?hl=en

<https://www.facebook.com/thepaceproject/>

KEYNOTE SPEAKER

Iggy Tan

Happiness Coach



HOW TO ACHIEVE 10/10 HAPPINESS IN OUR HECTIC WORLD

Once in a while, a speaker comes along that rocks our view of happiness and contentment. A new mental health, mindfulness talk by Iggy Tan (The Happiness Coach) explains how a simple, free, powerful mindfulness training technique can lead us to be 10/10 happy in the hectic and stressful world we live in. Iggy created Happiness Sweeping®, a mindfulness training technique that has helped many people achieve pure acceptance and letting go.

Mobile: 0419 046 397

Email: iggy.tan@bigpond.net.au

The book cover for "STOP CRAVING HAPPINESS" by Iggy Tan, featuring a smiling baby's face and the title in large, bold letters.

STOP CRAVING HAPPINESS
by IGGY TAN
SPEAKER INFORMATION

BETTER LIVING SHOWCASE

HOW TO ACHIEVE 10/10 HAPPINESS IN OUR HECTIC WORLD

Once in a while, a speaker comes along that rocks our view of happiness and contentment. A new mental health, mindfulness talk by Iggy Tan (The Happiness Coach) explains how a simple, free, powerful mindfulness training technique can lead us to be 10/10 happy in the hectic and stressful world we live in.

Iggy Tan is a successful mining and chemical industry CEO, a Rotarian and author of *Ban the Performance Appraisal* (2016) and *Stop Craving Happiness* (2018). Iggy also volunteers his time as a 'happiness coach', mentoring others in the art of happiness and mindfulness. While psychology was not part of his tertiary education, through personal experience with depression, deep understanding of social psychology, the human condition and mental health. Over the last few years of his personal journey, Iggy has helped many people dramatically improve their personal happiness and overall sense of well-being. Iggy coined the term '10/10 happiness' meaning the ultimate state of inner peace, contentment, joy and bliss. Iggy now shares this technique with the world. The proceeds of book sales support Rotary International and suicide prevention not-for-profit U OK?

A small portrait of Iggy Tan, a man with short dark hair, wearing a suit and tie.

"The pursuit of happiness is a universal objective for every human being. We all want to be truly happy but the irony is that we constantly push happiness out of our reach. We delay our own expectations are rarely ever met, which is part of the reason why true happiness is so elusive. If we continue waiting, we will never reach the place of pure peace, contentment, joy and bliss. Happiness is an internal state of mind and therefore has nothing to do with our external environment. The more you 'pursue' happiness, the less you will likely find it. The key to the turbulence in our mind caused by the relentless mental chatter and suffering. Ancient happiness has always been in us - in our mind. In order for us to be 10/10 happy we need to tame mental turbulence. Consequently, by reducing the cravings and aversions in our minds creates and our overall happiness improves. While most of us would agree with the fundamentals of this concept, the challenge is how to achieve this in our modern, stressful and hectic world" - Iggy Tan

U OK? Stop Craving Happiness
A Rotary Mental Health Project

24 Newellwood Road,
Churchlands, Western Australia
6218 Australia

Mobile: +61 419 046 397
Email: iggy_tan@bigpond.net.au

PANEL PRESENTERS



Patria Jafferries

Patria Jafferries varied career has given her the privilege of achieving her ambition to lead, act and think very differently about all types of organisations. As a Chair, CEO, mentor, and senior executive overseeing many different disciplines in a variety of organisation, she has had hands on involvement in forging change, assisting organisation to continually improve the way they engage their employees /and communities in which they operate.

Winning the 2000 National Telstra Business Women of the Year, as founder of Dome Coffees Australia, a senior business leader and decision maker in Australia was a tremendous enabler, creating networks across the country and giving Patria the opportunity to speak up on a range of issues.

Email: pjafferries@bigpond.com



John Poulsen

John Poulsen is a highly experienced business coach and founder of People Passion Performance, a company that specialises in helping individuals and organisations achieve their full potential. With over 25 years of experience in leadership development and organisational change, John has worked with a wide range of clients across various industries, from small startups to multinational corporations.

He is passionate about helping his clients develop the skills and confidence they need to succeed and thrive in their personal and professional lives. John's purpose in life is to help those in his sphere of influence to let go of fear, step into their values and find deeper purpose, meaning and joy in their life.

John was until 31 December 2017, the Australian Managing Partner and CEO of Squire Patton Boggs, a top 10 Global Law Firm with offices in Perth, Sydney and Darwin, which was a \$50m business in Australia.

Email: john.poulsen59@outlook.com
People Passion Performance

PANEL PRESENTERS



Jenny Cole

Jenny Cole is a Coach, Consultant and recovering Principal. She works with women to create careers, workplaces and lives that allow everyone to flourish. She loves nothing better than helping smart but overwhelmed women, find ways to be their best, most confident self, more often. Jenny is endlessly curious with two successful businesses, a passion for podcasts and a crazy dog called Charlie.

Email: jenny@positivelybeaming.com.au



Christina Morrissy

Your host for our Inaugural 'Better Living Showcase' is a passionate West Aussie nicknamed 'Smiley' by her colleagues and family for good reason and her positive outlook is in keeping with one of the main goals of the 'Better Living Showcase' where words like happiness and possibilities are our mantra.

A well known and loved local TV host, radio presenter, journalist, conference facilitator and key note speaker, Christina Morrissy is the perfect person to guide us through the next two days of presentations, stories and experiences designed to transform your life for the better.

"Alongside our conference delegates I am determined to get the most out of this weekend, listening and talking with the inspirational lineup of speakers and experts bringing the Better Living Showcase to life in 2023. Be prepared to walk out far wiser on a whole raft of supercharged discussion topics to make your life even better. It's going to be a seriously enjoyable two days!"

Email: christina@christinamorrissy.com.au

PARTICIPATING COMPANIES



Access 1 Security System - Exhibitor

Access 1 Security Systems is Australian owned and one of Western Australia's leading security systems provider. Andrew Herrmann, the Founder and CEO of Access 1 Security Systems, grew up in the school of hard knocks and this gave him in-depth knowledge of both sides of security. With this knowledge, Andrew is now a leader in the West Australian security system landscape.

Access 1 Security Systems specialises in all areas of security systems, alarms, monitoring and CCTV to mention a few. Find out how Access 1 Security can protect you.

Mobile: 0417 907 061

Email: andrew@access1security.com.au

Address: 7/22 Irvine Drive Malaga WA 6090



Acu-ease - Exhibitor

Are you looking for a healthcare centre that really cares about improving your quality of life?

At Acu-ease, we treat you as a person, not an illness.

Our clients trust us to give them the highest quality health advice and treatment, based on current research, and tailored to their lifestyle.

Website: www.acuease.com.au

Contact person: John Gemmell or Annette Lenarz

Mobile: 0435 358 756

Email: office@acuease.com.au

Address: 12E, 531 Hay Street, Subiaco WA 6008

<https://www.facebook.com/Acuease>

PARTICIPATING COMPANIES

Adjusta Mattress - Exhibitor



As a leader in the adjustable bedding industry in both New Zealand & Australia, sleep health is the foundation behind our vision and core values at Adjusta Mattress. We continually aim to improve the quality of life for individuals who experience a range of health conditions, as well as those who experience poor sleep health, through positional therapy when at home, travelling on the road or at sea.

Website: <https://adjustamattress.com.au/>

Phone: 1300 223 587

Email: info@adjustamattress.com.au

Address: 10/10 Enterprise St, Molendinar, QLD 4214 (Showroom bookings by appointment only)

Instagram - @adjustamattress



Australian Natural Biotechnology Pty Ltd - Exhibitor & Prize Donor

Australian Natural Biotechnology Pty Ltd (ANB) is a comprehensive Australian company, which is dedicated to the integration of research, innovation, production and wholesale. ANB is involved in apiculture, supplemented by health and bee-related skin care products. Located in Perth, Western Australia.

ANB reorganized in 2000, now has extraordinary technical research team members; 5 core technical scientists are also authoritative experts in the fields of agriculture, food, nutrition, medicine, and microbiology. Karibee is a honey brand that belongs to ANB has more than 120 years of history. Presently, ANB has patents for diabetic food, diet food, vegetable yogurt, honey aseptic packaging, honeycomb frames and bee venom research etc.

Website: <http://www.naturalbiotech.com.au/>

Mobile: 0432791766

Email: joyce@anbgroup.com.au

Address: 241 Stirling Street Perth WA 6000

<https://www.facebook.com/karibee.au/>

<https://www.instagram.com/karibee.au/>

PARTICIPATING COMPANIES



APIWA My Reward Club - Presenter & Exhibitor

We are a Not For Profit club that exists to save our members money! You can save on everything from local holiday home accommodation to international accommodation, from groceries to fashion.

So stop paying retail and save up to 60% off Holiday home accommodation that is right on the beach!

Contact: Linda Ross

Phone: 0893257425

Mobile: 0407773928

Website: www.MyRewardClub.com.au

Email: ceo@apiwa.com.au

Address Rear Unit 6. 1270-1274 Albany Hwy, Cannington
@MyRewardClub



Perth to Paris: one high kick at a time - Video

Because we can, can, can !

<https://www.facebook.com/profile.php?id=100008499520605>



An event poster for "Perth to Paris: one high kick at a time". The poster has a blue background with white text. At the top, it says "Master Class" in a white, stylized font. Below that, it says "Perth to Paris: one high kick at a time" and "With Portia Secker". At the bottom, it says "MARCH 18-19" and "PERTH CONVENTION & EXHIBITION CENTRE". On the right side, there is a smaller orange and green logo for "BETTER Living SHENCKRE" and a photo of a woman in a red and white outfit performing a high kick. The photo is partially obscured by the text.

PARTICIPATING COMPANIES



Barclay Wells Limited
Investment Partners

Barclay Wells Limited - Exhibitor

Barclay Wells is a boutique financial services firm.

We advise retail and wholesale clients on a range of investments including listed and unlisted shares, derivatives and managed funds.

Our advisers are deeply experienced investment professionals who provide unbiased, rational and accurate advice to clients to enable them to invest prudently.

Website: <https://barclaywells.com.au/>

Mobile: 400 900 377

Email: terry@barclaywells.com

Address: PO BOX 2007, Subiaco, WA 6904



BDO - Presenter & Exhibitor

BDO Australia has offices around Australia with people experienced in a broad range of services and industries. We offer leading accountancy, tax and advisory services to clients Australia-wide.

Tim Sullivan - Presenter on Saturday 18th March
Partner/Private Wealth Adviser- BDO Private Wealth

Sarah Melville-Maguire - Presenter on 19th March
Analyst Sustainability - BDO

Website: <https://www.bdo.com.au/en-au/about>

Contact: Lynnett Thomas

Direct: +61 8 6382 4609

Email: Lynnette.Thomas@bdo.com.au

PARTICIPATING



Better Living Showcase Group Dance

- Live Performance

Better Living Showcase Ballet and Contemporary Dance Group is formed by a group ordinary people from all walks of life, they are connected by passion to fitness and dances. Their dance is to advocate that anyone can dance, stay fit and have fun regardless age, gender or physical condition.

Choreographed by: Meg Parry

Dancers: See Mun Chan , Fayth Good, Rebecca Freedman, Ben Gittins, Barry Lane, Gloria Zhang



Better Living Showcase Cardio Dance

- Master Class

Cardio Dance is a dance based workout for all levels of fitness. Combining aerobics and dance moves including both low and high impact options to fun pop music from all decades. We move and groove to set choreography that we repeat for about 7 weeks to build consistency in our workout making it easy to follow each week. This class is all about letting your hair down and having fun in a friendly supportive environment. No previous dance or fitness experience required. The workout is split into 2 sections including dance and Pilates based conditioning to strengthen and improve core alignment and flexibility.



Victoria holds a Bachelor of Arts in Performing Arts, she is an award winning artist & Stott Pilates Instructor. Victoria has spent the last 3 years teaching Pilates and danced based Fitness classes including reformer Pilates, matwork Pilates, Barre, Stretch ,Cardio Dance and Fit Ball. Victoria currently teaches barre workouts and reformer classes at Pilates studio Como and runs her cardio dance workout class each Tuesday evening located in west perth.

Choreographed by: Victoria Edwardson

Dancers: Victoria Edwardson, Rachel Korziuk, Karen Trembath, Elouise Voss, Louise Scott, Valora Chan, Ella Edmonson, Adi Gordon, Gloria Zhang

PARTICIPATING COMPANIES



Canaccord Genuity - Presenter & Exhibitor

Canaccord Genuity are trusted experts in wealth management, investment management and financial planning, with over 100 years' experience servicing the private client segment of the Australian equity capital market.

Our wealth management firm provides investment advice, stockbroking services, portfolio management and wealth planning services to retail, high net worth, and intermediary clients.

Website: www.cgf.com

Contact: Emma Hart

Phone: 08 9225 2824

Email: ehart@cgf.com

Address: Level 23, 2 The Esplanade, Perth, WA, 6000

www.linkedin.com/company/canaccord-genuity-australia/



Deborah Bonar - Aboriginal Dot Art - Behind the Dots, Exhibitor

Gija and Yamatji Aboriginal artist Deborah Bonar creator of abstracts demonstrating the importance of place in forming cultural identity. Capturing and fascinating our imagination with artworks exploring the interrelationships between humans and their environment and engages with themes of connection, reconnection, family, reuniting people and places, gatherings and celebrations of all peoples.

“MY VISION IS TO INSPIRE PEOPLE THROUGH MY ART AND PAINTING WORKSHOPS TO ACT AS A BRIDGE BETWEEN DIFFERENT CULTURES”

Website: www.scribblebark.com.au

Mobile: 0417 999 947

Email: deborah@sctiblebark.com.au

PARTICIPATING COMPANIES



Energy Movement Wellness - Exhibitor & Master Class

Energy Movement is a Company founded in the belief of humanizing the workforce. We focus on the wellness landscape within your workplace with sole intention to improve lives in an ever-changing external environment. Our focus is on five areas of health, Spiritual health, Emotional health, Physical health, social health and Mental health, which all influence each other. This focus is concentrated into three workplace programs, Happy @ work, Healthy @ work, Harmony @ work. With a bunch of other services on offer too.

Website: <https://www.energymovement.com.au>

Contact: Emily Schmidt

Mobile: 0410230080

Email: info@energymovement.com.au

IG: [@energy_movement_wellness](#)



ENIQ - IQ Wellness Group Limited, Exhibitor

Our mission is to create nutrition for active humans that gives us all maximum performance & premium wellness with zero artificial ingredients & no compromises.

EniQ is a new range of products designed to re-hydrate with healthy ingredients, supply sustained energy & help muscles recover & prepare for the next challenge.

Website: [eniQ - Smarter Hydration](#).

Contact: Tim Scott – Branagan

Mobile: +61 409 139 303

Email: tim@eniq.com

Address: 329 Hay Street Subiaco, Perth WA 6008

Facebook: [eniQ Wellness | Facebook](#)

Instagram: [eniQ \(@eniqwellness\)](#)

PARTICIPATING COMPANIES



EnjoyYourMine - Presenter & Exhibitor

Enjoyyourmine brings an uplifting experience to mining camps by providing a third additional safe space for miners to connect after workhours. Where miners can learn valuable life tools, be creative and immerse themselves into our First Nations culture, through our workshops facilitated by our gifted and professional presenters. Refraining miners from having to put their self-development on hold whilst on-site, whilst creating a connected, engaged community.



Enjoyyourmine delivers a platform with four main focus areas; Financial literacy education, - (Its not about how much you earn its what you do with it that counts) Well-Being psychology (keeping miners and their loved ones connected), Vitality and both creativity and cultural engagement classes.

The prize is donated by Lloyd Johnson, owner & Head Trainer of Aspire Group, Urja of "From Within Physiotherapy" and Hazel Duffy, Enjoyyour Mine.



Esplanade Hotel Fremantle by Rydges - Exhibitor

The Esplanade Hotel Fremantle by Rydges has a range of unique venues to cater for specialized events of all sizes, from 20 to 1000 guests. The iconic Hotel is the perfect backdrop for a small, casual event or a large, opulent ballroom affair. The dedicated staff will work with you to create memories of a lifetime. Packages are available, styling and AV while the Hotel's 300 accommodation rooms and suites will ensure your guests are comfortable.

Website: <https://www.rydges.com/fremantle>

Hotel +61 8 9432 4000 | Mobile +61 437 887 037

Email: anthony_brandis@evt.com

Address: 46-54 Marine Terrace, Fremantle WA 6160

<https://www.facebook.com/esplanadefremantlebyrydges>

<https://www.linkedin.com/company/esplanade-hotel-fremantle/>

<https://www.instagram.com/esplanadefremantlebyrydges>

PARTICIPATING COMPANIES



Flexi Renovation Group Pty Ltd - Exhibitor

Flexi custom design, make to measure and fully install beautifully functional custom cabinetry.

Everything from full kitchen and laundry renovations, to home offices and entertainment units, to kids wardrobe solutions to designer walk in wardrobes and dressing rooms, Flexi is able to tailor a design to suit your individual requirements.

We are an award-winning company offering outstanding service and delivery from our entire team as represented on Product Review as being voted the best in our category.

Website: <https://www.flexi.com.au>

Contact: Kelvin Mansfield

Mobile: 0419 908 644

Email: kelvin@flexi.com.au

Address: PO Box 221 Joondalup DC 6927



Gallagher - Prize Donor

As a people business we're excited to support the inaugural Better Living Showcase by donating two door prizes to help highlight the incredible work Mettle Women Inc is doing on a daily basis.

Gallagher is one of the world's largest insurance brokerage, risk management and consulting firms but our on the ground focus is on communities, through partnering with organisations, events, properties and teams that make a difference socially. Since 1927 we have been working with our clients to find effective insurance solutions to their challenges with the assistance of our expert advisors.

Mettle is a national gift delivery service employing women who are experiencing homelessness due to domestic and family violence. Mettle equips abuse survivors with the skills, confidence and financial security required to find and maintain employment and, in turn, safe and stable housing. We succeed when we share our values, ethics and commitment within our communities.

Website: www.AJG.com/au/

Mobile: 0416 929 708

Contact: Jacqui Moxham

Email: Jacqui.moxham@ajg.com.au

PARTICIPATING COMPANIES



Global Lithium Resources - Presenter & Exhibitor

Managing Director of Global Lithium Resources (ASX:GLI).
More than 25 years' experience in senior commercial, strategy, sales and business development roles including more than 11 years in the lithium and battery metals industry.



Ron Mitchell

Current and inaugural Chairman of the London Metal Exchange (LME) Lithium Committee, a role he has held for 3.5 years.

Previously senior commercial roles within the lithium industry as:

- Sales Director, International Business Group for global lithium company Tianqi Lithium Corporation and
- International Marketing Manager for the world's largest lithium producer Talison Lithium.

Contact: Ron Mitchell

Mobile: 0407726325

Email: Ron.mitchell@globallithium.com.au

Address: Level 1, 35 Ventnor Ave West Perth

<https://www.linkedin.com/company/global-lithium-resources/>



GYROKINESIS® Method - Video

What is GYROKINESIS®? Developed by Juliu Horvath, the GYROKINESIS® method is a modern and gentle form of yoga that serves to increase spinal mobility in all directions. It incorporates movements on a mat, stool or chair with an emphasis on circular and wavelike motions of the body.

All movements can be adjusted to suit the participant's level and ability. So you basically go at your own pace, creating small or large movements but always controlled. The essence is creating balanced arcs of motion of the spine so bending forwards, backwards, side to side and turning then combinations of these.

GYROKINESIS® exercises create "normal movement to the max" which opens up the body beyond what you are used to and think you can achieve.

PARTICIPATING COMPANIES



Hubbard Dianetics Foundation - Exhibitor, Talk & Prize Donor

Dianetics is the original mental health phenomenon that inspired the entire self-help movement. It has been positively and permanently transforming millions of lives for over six decades. Over 22 million copies have been sold in 160 countries and it has been translated into 50 languages. But it's much more than a book, it's an entire system that you can apply instantly.

Website: www.dianetics.org

Contact: Josephine Salhab

Mobile: 0449955337

Email: dianeticsperth@outlook.com

Address: 18-22 Belmont Ave, Rivervale



Happiness Co - Keynote Speaker

Happiness Co is an action over awareness company and impact-based brand, our happiness tools help people recognise their emotions and manage their wellbeing. We do this through online programs, live workshops and events and work with individuals, schools, and corporate teams, providing a platform to promote, happiness, kindness, community, and contribution.

Using unique everyday approaches in the pre-emptive mental health space, our dedication to sharing lived experience stories and providing education with practical tools, allows people to find their happy.

Address: 484 Albany Hwy, Victoria Park

Email: wecare@happinessco.org

Iconic Wealth specializes in Wealth Accumulation, Retirement Planning and Centrelink Advice.

PARTICIPATING COMPANIES



Iconic Wealth - Exhibitor

A leading financial planning firm that creates customised wealth strategies and partnerships for their clients. We help you build, protect and grow your hard-earned wealth.

Financial Planners, Kelly King & Aiyuty Soetanto, have more than 20 years' experience each in financial planning.

They are values driven with your best interests at heart.

Iconic Wealth specializes in Wealth Accumulation, Retirement Planning and Centrelink Advice.

Website: www.iconicwealth.net.au

Contact: Kelly King

Mobile: 0407660534

Email: kelly@iconicwealth.net.au

LinkedIn

https://www.linkedin.com/company/iconicwealth/?lipi=urn%3Ali%3Apage%3Ad_flagship3_search_srp_all%3BsXjHRj1IQDOZ7UjqeKeRdw%3D%3D

FaceBook



Industria Performing Arts - Master Class

Industria Performing Arts, a performance school based in Jandakot. Industria Performing Arts was born from humble beginnings and is quickly becoming a fast paced and vibrant community - offering classes for all ages in vocals, dance and acting. Their mission is to ignite passion and inspire vision in the next generation through arts and life.

Contact: Tayah Crothers

Phone: +0403217547

Website: www.industriapaiinet.net.au

Address: PO Box 8019 Angelo Street, South Perth

PARTICIPATING COMPANIES



The International College
of Communication (ICC)
Global Skills For Global Life. 全球技能, 走遍世界!

The International College of Communication (ICC) - Exhibitor & Prize Donor

The International College of Communication (also known as “ICC”) is an important part of Intlang Corporate Consulting Services.

ICC designs and delivers dynamic cross-cultural communication and leadership programs (13+ countries), which provide individuals with the skills and knowledge necessary to become effective leaders in a global context. These programs are typically aimed at executives, managers, and professionals who work in multinational corporations, non-governmental organisations, and government agencies.

Contact: Gloria Zhang (Principal and Certified Trainer)

Email: info@icc-australia.com.au

E-learning: <https://the-international-college-of-communication.teachable.com>



InteliCare

Intelicare - Presenter & Exhibitor

InteliCare, an Australian ASX listed Software-as-a-Service company, has developed an award-winning AI-based care support solution.

With the purpose of assisting Australians to age and live safely, with dignity, InteliCare aims to enable people to maintain independence for longer, while empowering care providers to deliver higher quality, personalised and efficient services.

Utilising smart sensors, wearable technology, alert devices and artificial intelligence, InteliCare provides aged care, disability and health industries with multiple layers of client intelligence and insights. By identifying and highlighting behavioural trends and changes, InteliCare assists care organisations in detecting and preventing incidents, emergencies, and health issues.

Contact: Claudia Dent

Phone: 1300 001 145

M: +61 448 823 457 |

Email: claudia.dent@intelicare.com.au

Address: 299 Vincent St, Leederville, WA 6007

PARTICIPATING COMPANIES

INTLANG Intlang Corporate Consulting Group - Exhibitor

Intlang is a Perth-based international marketing & consulting agency in Western Australia. Our service model is unique and proven successful in assisting Australian businesses to enter the international market.

One-stop Service - Intlang's integrated service solutions ('one-stop' shop) include language services (interpretation and translation), international marketing & events, strategy advisory. Intlang is based in Perth, the capital city of Western Australia.

Customised - Intlang services offer customised solutions to meet client's business requirements, aiming to provide the best possible service at the most affordable rate to clients.

Industry Commitment - Intlang team have profound industry knowledge, international business practice and cross-cultural communication experience, as well as a strong network Asian communities.

Long -Term Partnership - Intlang supports client's short-term or long-term commitments to international marketing strategies. Establishing a strong relationship with international clients allows Intlang to share resources and ideas.

Website: www.icc-australia.com.au

Contact: Gloria Zhang

Email: info@icc-australia.com.au

Office: Unit 9, 186 Hay Street, Subiaco, WA 6007

Postal: PO Box 678, Victoria Park, WA 6979



Li Ying International Gymnastic Academy - Master Class

Li Ying International Gymnastics Academy is founded and operated by World Class Gymnast Ying Li. The Academy opens to children and adults of age. Come join us have fun. no prior booking is required.

Contact: Ying Li

Mobile: 0401217019

Email: gymlee@iinet.net.au

Address: 11 Pitt Way, Booragoon., Perth, WA, Australia,

PARTICIPATING COMPANIES



**MORTGAGE
& FINANCE**
Solutions Australia

Mortgage & Finance Solutions Australia - Exhibitor

The award winning team at Mortgage and Finance Solutions help you find a solution for all your finance needs. No matter where you are in your journey – be it your first home, upgrading to your dream home, investment property or even buying a car – we can help you find the product that suits your needs.

Website: www.mfsa.com.au

Mobile: 0427 532 642

Email: stacey@mfsa.com.au

Address: 68 Milligan Street, Perth WA 6000

<https://www.facebook.com/mortgageandfinancesolutions>

<https://www.linkedin.com/company/mortgage-finance-solutions-aus/>



Neurotech International - Presenter & Exhibitor

Neurotech's leading treatment, NTI164 is providing solutions for the treatment of conditions that improve quality of life. Our current development program is a world-first clinical trial using NTI164 to treat Paediatric Autism Spectrum Disorder (ASD) at Monash Children's Hospital, Melbourne.

Phase I/II trial results demonstrated successful outcomes relating to the safety, tolerability and efficacy of NTI164 on key behavioural parameters with 93% of participants showing symptom improvement. Neurotech's leading treatment, NTI164 is providing solutions for the treatment of conditions that improve quality of life. Our current development program is a world-first clinical trial using NTI164 to treat Paediatric Autism Spectrum Disorder. (ASD) at Monash Children's Hospital Melbourne. II trial results demonstrated successful outcomes relating to the safety, tolerability and efficacy of honeycomb frames and bee venom research and etc.

Mobile: +61 (8) 9389 3130

Email: info@neurtotechinternational.com

PARTICIPATING COMPANIES



Rodan & Fields - Exhibitor & Prize Donor

After years on radio, you can now catch Fiona presenting the TV show “Our Town” on channel 7two, acting in the upcoming channel 7 series “ Claremont Murders” and is the voice of hundreds of TV and radio commercials. But! She never stopped to take care of her skin properly until age 35. Wrinkles were kicking in, redness, dry skin and discoloration.

Five years on... Fiona’s skin looks and feels better then ever. With zero appointments or expensive treatments. How did she do it? Pop in for your no obligation and free-of-charge skin analysis and personalised skincare routine.

Contact: Fiona Cooper
Mobile: 0431695903
Email: fie.cooper@outlook.com
INSTA: fiona_cooper_au



RSPCA WA - Presenter & Exhibitor

When animals are let down by their owners, left helpless, traumatised and alone, they rely on RSPCA WA to step in and give them a second chance at life, love and happiness.

Since 1892, RSPCA WA has worked tirelessly to prevent animal cruelty. We have rescued, rehabilitated and rehomed animals of many kinds and given them a second chance. We have educated the community and lobbied the Government to promote animal welfare and prevent cruelty.

Website: <https://www.rspcawa.org.au/>
Contact: Annalisa Trequattrini
Mobile: 0459356910
Email: atrequattrini@rspca.org.au
Address: 108 Malaga Drive, Malaga
RSPCA WA | Perth WA | Facebook

PARTICIPATING COMPANIES



Seven Stars Tai Chi Association of Australia Incorporated - Master Class

Seven Stars Tai Chi is a registered not-for-profit Association, promoting Authentic Yang style Tai Chi, an enjoyable and gentle exercise, originally developed as a martial art.

In essence, Tai Chi aims to achieve long life through better health and greater happiness. Classes are held at Mundaring, Karrinyup, and Mirrabooka.

Website: <https://www.injurymatters.org.au/resources/edirectory/organisations/seven-stars-tai-chi-association-of-australia-incorporated/>

Contact: Chris Brennan

Mobile: +61 041 796 3339

Email: cjdarwin@yahoo.com

Address: 209/25 Fourth Avenue Mount Lawley WA 6050



Sin Gin Distillery - Exhibitor

Sin Gin Distillery is a Nano distillery with a dedicated team of distillers creating Perth Pink, Original Sin & the Seven Deadly Sins range of gins in the Swan Valley.

Mark and Kate work with products from the WA environment to handcraft unique, tasty, and fun gins.

Website: <https://singindistillery.com.au/>

Contact: Tess Crake

Mobile: 0418438870

Email: events@singindistillery.com.au

Address: 124 Lennard St, Herne Hill, 6056

Facebook: <https://www.facebook.com/singindistillery/>

Instagram: <https://www.instagram.com/singindistillery/>

PARTICIPATING COMPANIES



Sonia McNulty - Presenter

My name is Sonia and I am 73.5 years old. Seven years ago I had stage 3 stomach Cancer. My husband was told I wasn't going to survive the chemotherapy let alone the operation. With so many complications it took three years to gain any kind of energy. I challenged myself and decided to try Ballet again to build up my strength.

I am living proof that it helped in so many areas which is why I encourage everyone the importance of exercise. A healthier mind and body. Strength, reverses your ageing clock, improves memory loss, balancing and much more.

<https://www.facebook.com/sonia.anthonisz>

Mobile: 0400611174



Southstead Finance - Exhibitor

Amy Howard is the Director of Southstead Finance and has over 18 years' experience in the finance industry and award winning. Mobile Finance Broker, she is happy to arrange appointments at a time that suits you and can be reached on 0408 238 981 or email amy@southstead.com.au

Website: www.southstead.com.au

Contact: Amy Howard

Mobile: 0408238981

Email: amy@southstead.com.au

Address: PO Box 5394, Falcon WA 6210

Southstead.au (Instagram) www.facebook.com/southstead.au

PARTICIPATING COMPANIES



Spinifex Events WA - Exhibitor

Spinifex Events work side by side with numerous Traditional Owner groups in the planning and delivery of our events and experiences. The sharing of Indigenous knowledge and culture forms a central part of our experiences.

Website: www.spinifexevents.com.au

Phone: 08 6382 1380

Email: info@spinifexevents.com.au

Address: Unit 15, 186 Hay Street, Subiaco. WA 6008

<https://www.facebook.com/SpinifexEventsWA>



"The Steak Specialists"

Squires Loft Subiaco - Exhibitor

Squires Loft Subiaco is a Franchise Restaurant that is located at the heart of Subiaco Village, only a few minutes' drive to freeway north and south. In Western Australia, we have our own cutting line at the meat supplier, with the same crew cutting all our steaks to ensure consistency.

At the Squires Loft, you will be serviced by a team of young, energetic, and professional hospitality service staff, who have multi-cultural background, local and international work experience.

We are offering a warm and energetic ambient, and cosy dining environment for customers, from light and quality to space and scale, all project a sense of place for quality wine-and-dine experience with family and friends during winter escape. This is also a popular place for businesspeople to gather and share a drink during meet and greet. No shortage of parking around the building.

Website: <https://www.squiresloftsubiaco.com.au>

Phone: (08) 6380 1978

Address: 12F/531 Hay Street, Subiaco, WA 6008

<https://www.facebook.com/profile.php?id=100063518290349>

<https://www.instagram.com/squiresloftsubiaco/>

PARTICIPATING COMPANIES



Studio Thimbles - Exhibitor

Beginners sewing classes for anyone who wishes to start sewing, but simply don't know where to start. Learn to make home decor projects, handmade gifts, and clothing for yourself, or perform a simple alteration! Sewing is a soul satisfying hobby that gives you hours of joy and relaxation.

Website: <https://studiothimbles.com.au>

Contact: Olga Abbott

Mobile: 0450115939

Email: info@studiothimbles.com.au

Address: 113 Rokeby Road, Subiaco Perth, WA, Australia 6008

Studio Thimbles | Perth WA | Facebook

SUSHIKEN22

Sushiken22 - DIY Kitchen

The original fancy sushi "SUSHIKEN22" is headed by experience chef, spot in Hay Street, Subiaco is offering an elevated sushi and authentic hot food with fresh ingredients take away. We also customise platters for events and other special occasions. So you can bring the great SUSHIKEN22 experience home to your living room, park or wherever you may be.

Sushi is our passion!!

Mobile: 0433 693 521

Email: sushiken22@gmail.com

Address: 163 Hay Street, Subiaco, WA 6008

PARTICIPATING COMPANIES



Tabooze - Exhibitor

Tabooze stocks a range of alcohol free drinks serving people who want choice. We believe in fun, inclusivity and quality and we believe that if you want to have a drink, you should skip the hangover, not the taste. The range features award-winning alcohol free distillations, beers, wines and ready to drink cocktails for when you want to keep a clear head

Website: www.tabooze.com.au

Contact: Bonnie Allen

Mobile: 0409683203

Email: hello@tabooze.com.au



Tan & Tan Lawyers - Presenter & Exhibitor

Tan and Tan Lawyers is a family run law firm, operating for more than 35 years in Australia. There is a primary focus on estate planning, family law and commercial law.

The lawyers are all multilingual speaking Mandarin, Cantonese and Indonesian.

www.tanandtanlawyers.com

Contact: Tyzton Tan

Phone: +61 8 9221 2888

Email: Tyzton.tan@tanandtanlawyers.com

Address: 6/78 Terrace Road, East Perth WA 6004

PARTICIPATING COMPANIES



The Australian Association of International Business (AAIB) - Exhibitor & DIY Kitchen

The Australian Association of International business (also known as “AAIB”) is an no for profit organisation. AAIB promotes and supports international business, learning and networking. The association typically provide resources, networking opportunities, and advocacy for their members who engage in global commerce. They may also offer educational and training programs, access to market research and intelligence, and various other services to help their members succeed in the global marketplace.

Overall, AAIB play an important role in facilitating international trade and business, and can be a valuable resource for companies seeking to expand their operations globally.

Phone: +1800 984 880

Email: info@aaib-australia.org.au

Website: www.aaib-australia.org.au



The Herbal Body - Exhibitor & Prize Donor

Bridget Hall is an accredited Naturopath/ Herbalist with over 15 years of clinical experience and herbal manufacturing. Her passion is working intimately with herbal medicine to correct underlying drivers of dis-ease as well as signs and symptoms. Bridget views the body wholistically and considers emotional and psychological triggers as part of a disease process or imbalance. Bridget believes that any ailment can be supported with dietary and supplemental nutrition, herbs. Consultations often involve exploring one past for previous unresolved illnesses and patterns.

Contact: Bridget Hall

Mobile: 0406074592

Email: goldenage.2014@hotmail.com

Address: 222 Ravenswood Dve Nollamara

The Herbal Body (FB)

PARTICIPATING COMPANIES



The Magic Coat Foundation - Presenter & Exhibitor

Mental Health issues are impacting Australian children more than ever before with 41% of children saying that they feel more anxious and scared daily since the pandemic. The Magic Coat Foundation uses a program based on Cognitive Behaviour Therapy and Positive Psychology to give children the skills and strategies they need to build self-confidence, problem solve, communicate effectively and bounce back from adversity.

Website: www.themagiccoat.com

Contact: Diane Wilcox

Mobile: 0403127029

Email: di@themagiccoat.com

Address: 40R, Bay View Terrace Claremont

Social media: Magic Coat for Kids



The inspired Eco Warrior- Prize Donor

Looking for a great gift for any occasion? Moving house, new parents, the person that has everything, the person who would appreciate a hand. These starter packs/gift kits are perfect! A range of beautiful, Australian made eco household products presented in sleek metal packaging.

Or, want to try a range of these amazing products before starting a subscription? Then these starter packs/gift kits are also for you. If you then start a subscription following ordering a starter pack/gift kit, you will be delivered refills to top up the metal containers you already have.

You can of course start straight away with a subscription instead, and choose which products and quantities you'd like to start with.

Remember, subscriptions can be edited, paused or cancelled at any time.

Website: <https://theinspiredecowarrior.com>

Email: lisamariedefante@gmail.com

PARTICIPATING COMPANIES



The Voice of Hope Aboriginal Corporation - Presenter & Exhibitor

The Voice of Hope Aboriginal Corporation is led by lived experienced Aboriginal women to empower their fellow Aboriginal women to overcome underlying trauma resulting from lifestyle and incarceration.

Aboriginal women are significantly over-represented in the criminal justice system and in the general prison population. In the Western Australia prison system Aboriginal women were 46% of the prisons female population.

The Voice of Hope Aboriginal Corporation will be the only single focused service provider for formerly incarcerated Aboriginal women providing a total holistic approach of counselling, accommodation facilitation, substance abuse rehabilitation, family reunification, cultural education and employment facilitation.

Hear Lorraine Pryor's story and find out how her journey will help to change this statistic.

Mobile: 0402845459

Email: cassandra@iwimra.org

Address: 27 Marcus Avenue, Booragoon

PARTICIPATING COMPANIES



Dr Trevor Cullen PhD - Online Presenter

Trevor Cullen is an Honorary Professor of Journalism at Edith Cowan University in Perth, Western Australia. His is recognized as a national and international leader in the field of HIV /Health Communication and Journalism Education. Professor Cullen has received several national teaching and research awards. These include two Australian Government Awards – a national Teaching and Learning Fellowship (NTLF) and an Australian Award for University Teaching (AAUT). He has published more than 50 peer-reviewed book chapters, journal articles and conference papers. Currently, he is Chair of the 2025 World Journalism Education Congress (WJEC).



Mobile: 0404173352

Email: t.cullen@ecu.edu.au

<https://www.linkedin.com/in/trevorcullen/>

1608, 11 Barrack Square, Perth. WA 6000



Trigg Minerals Limited - Exhibitor

Trigg Minerals Limited is an ASX listed exploration and development company focussed on brine-hosted fertiliser minerals that are critical for the production of high-nutrient food sources.

The Company has 100% ownership of three Sulphate of Potash projects located approximately 170km east of Laverton in Western Australia: the Lake Throssell, Lake Rason and Lake Yeo Projects, which collectively comprise around 3,500km² of strategic tenure located close to energy and transport infrastructure.

Contact: Briony Chapman

Mobile: +61 8 6114 5685

Email: briony.chapman@trigg.com.au

Address: Level 1, Office E, 1139 Hay Street, West Perth

PARTICIPATING COMPANIES



Vertical Events - Support Organisation & Exhibitor

Vertical Events is the premier mining, resources and technology conference organising company in Australia. Since establishment in 1998, Vertical Events has organised and implemented some of the largest and most renowned conferences in the country.

Website: verticaleventsc.om.au

Telephone: +61 8 9388 2222

Email: info@verticalevents.com.au

Address: Suite 13-14, 186 Hay Street
Subiaco, Western Australia 6008



WA Squash - Exhibitor & Master



A friendly and experienced WA Squash coach will give you a mini-introduction to the healthiest sport in the world, and one that offers MUCH for young people – it's SUNSAFE, easy to learn, assists with the development of co-ordination and most of all, is a lot of FUN!

Website: www.squash.com.au

Contact: Serena Richardson

Mobile: 0406007142

Email: info@wasquash.asn.au

Address: 144 Robinson Avenue, Belmont 6104 WA

facebook.com/wasquash

instagram.com/wa_squash

PARTICIPATING COMPANIES



WA IT - Presenter & Exhibitor

At WA IT, we believe the key to success is all about relationships. We dedicate our time to understanding each business individually, so we can identify and provide tailored solutions that improve productivity, increase efficiency, and minimize downtime. From providing comprehensive IT services such as proactive monitoring, cloud solutions, cyber-security, disaster recovery, high speed internet, and IP telephony, to everyday IT support, we are a one-stop shop for all your business needs.

Contact: Daley Grainger

Mobile: 0416108076

Email: daley@wait.au

Address: U5/144 Stirling Hwy, Nedlands, WA, 6009



WA Oriental Culture and Art Association - Exhibitor, Master Class & DIY Kitchen

The Western Australian Oriental Culture and Arts Association is a not-for-profit community association. Our members include artists, art patrons and collectors from APEC countries.

Our mission is to promote oriental culture in Western Australia, facilitate cultural exchange, and provide training and development to artists. Since the establishment, the Association has organised and co-organised with partners, many annual community cultural events in Western Australia, China and other Asian countries.

Contact: Xiu Zhen LI, Yao ZHOU

Mobile: 0412227031

Email: yekhwa72@gmail.com

Address: c/unit/4C, 255 Bannister Rd, Canning Vale

PARTICIPATING COMPANIES



Zumba Gold with Deb - Master Class

In short, Zumba Gold is the Latin-inspired, easy-to-follow, calorie-burning, safe-impact, fitness party. It is 'exercise in disguise'.

The Zumba Gold program is guaranteed to provide the participant with a safe and effective total body workout.

Zumba Gold creates a party like atmosphere. It is fun, different, easy and effective. It's great for the mind, body and soul.

Website: www.zumbawa.com.au

Contact: Debra Ruggiero

Mobile: 0405615966

Email: mos@iinet.net.au

Address: 10 Inwood Place, Murdoch 6150

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Wilson Bao - Prize Donor

Lamborghini Test Drive experience

Join the Better Living Showcase Lucky draw today to experience your dream ride !

Valued at \$500 and accompanied by an experienced driver, this prize package is ideal for a Birthday Surprise.

You will be cruising around Kings Park, South Perth and Crawley areas..

Contact Person: Wilson Bao

Email: wilson@panachehotelgroup.com.au

Master of Ceremony



Christina Morrissy - Auditorium MC

Christina (Chrissy) is a well known and loved local TV host, radio presenter, journalist, conference facilitator and key note speaker, Chrissy is the perfect person to guide us through the next two days of presentations, stories and experiences designed to transform your life for the better

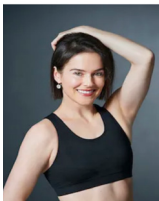
Email: christina@christinamorrissy.com.au



Christopher Hill - Master Class MC on 18th March

I am an experienced professional with a broad skillset from 20+ years at the international level in the performing arts, not-for-profit, and education sectors. I have demonstrated success in leading diverse teams in the development and delivery of high-quality live performing arts projects for prominent global dance companies.

LinkedIn: <https://www.linkedin.com/in/thechristopherhill/?originalSubdomain=au>



Melissa McCabe - Master Class MC on 19th March

Born in Sydney, Melissa (Mel) trained at the Australian Ballet School, she then joined The Australian Ballet Company. Mel returned to West Australian Ballet in 2012 and has performed many soloist and principal roles. Mel has been nominated for a Helpmann Award and was 'The most outstanding dancer award' in Dance Australia.

Melissa is teaching, coaching and choreographing for events. She also models and is enjoying MC

Instagram name @melboniface

Media Support

nova NOVA FM - Media Partner

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Wake up with a laugh every weekday morning with funny guys, Nathan, Nat & Shaun as they talk all things Perth.

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Operating with high professional standards and a strong community ethos, Curtin FM 100.1 appeals to the 50+ demographic.

Curtin FM 100.1's music format is a vibrant mix of music from the 60s, 70s, 80s.... and later integrated with local talkback, news and competitions.



Radio station FM 104.9 in Western Australia is the first and only 24-hour Chinese language radio station in Perth. It serves nearly 150,000 listeners in Western Australia who speak or understand Chinese, with 97% residing in the Perth metropolitan area.

FM 104.9 also has a free Chinese newspaper, the "Oriental Post," and a corresponding WeChat public account.